

# JANUARY 2022

## Allendale Christian Childcare Menu

### LUNCH



**Lunch Prices: Free (until notified otherwise)**  
**Staff/Adult Meals- \$3.80**  
**Extra Entrée- \$1.15 Milk Only- \$0.50**



**Nutrition Tip:** Help with food waste by getting creative with leftovers and planning meals around the food you already have on hand.

Reference: Eat Right

### MONDAY

3

### TUESDAY

4

### WEDNESDAY

5

### THURSDAY

6

### FRIDAY

7

Bosco Sticks

Chicken Sandwich Bag

Stuffed Pizza Stick

10

"Un crustables" Sandwich

**National Milk Day**

11

Chicken Tenders

12

Cheesy Pull Apart Bread

13

Ham and Cheese Mini Sub

14

Turkey & Cheese Sandwich

17

French Toast Bites

18

Hot Dog on Bun

19

Turkey/Cheese Sandwich

**Nat. Cheese Lover's Day**

20

Stuffed Pizza Stick

21

Lucky Charms

24

Belgian Waffle

25

Nachos

26

Sloppy Joes

27

Mozzarella Sticks

28

Bagel with Cream Cheese

31

Corn Puppies

\*\* Menu items may change without notice due to product availability

\*\*This institution is an equal opportunity provider and employer\*\*

