

MARCH 2023

Allendale Christian Elementary School

LUNCH



Lunch Prices: \$2.75
Staff/Adult Meals- \$4.10
Milk Only- \$0.50



March is National Nutrition Month! To celebrate, try eating at least one new food each week. Keep it interesting by picking out new foods you've never tried before, like mango, lentils, quinoa, kale, or sardines.

References: Academy of Nutrition & Dietetics, USDA MyPlate

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

** Menu items may change without notice due to product availability
This institution is an equal opportunity provider and employer



1
Chicken Nuggets

2
Pulled Pork Sandwich

3
"Uncrustables" Sandwich

6
Bagel with Strawberry Cream Cheese

7
Bosco Sticks

8
Cheesy Pull Apart Bread

9
Cocoa Puffs Cereal

10
Mini Cinnamon Rolls

13
Chicken Tenders

14
Emoji Waffles

15
Lucky Charms Cereal

16
Ham and Cheese Mini Sub

17
St. Patrick's Day
No School

20
Cinnamon Toast Crunch Cereal

21
Hot Dog on Bun

22
Chocolate Chip French Toast

23
Cocoa Puffs Cereal

24
Chicken Sandwich

27
Stuffed Pizza Stick

28
Sloppy Joes (with chips or on a bun)

29
Corn Puppies

30
Bagel with Strawberry Cream Cheese

31
No School- Spring Break