

FEBRUARY 2023

Allendale Christian Middle School



Lunch Prices: \$2.95
Staff/Adult Meals- \$4.10
Extra Entrée- \$1.15 Milk Only- \$0.50
Extra Peppino's Pizza- \$1.50



February is American Heart Month. Keep your heart healthy by being active every day. Run, dance, walk the dog, climb stairs or play in the snow if you have it.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Choice 1: Hot Dog on Bun, Seasonal Veggies, Baked Beans, Fruit, Dessert
 Choice 2: "Unrustables" Sandwich Bag

Choice 1: French Toast Bites, Sausage, Potato Cubes, Fruitables Juice, Fruit, Muffin
 Choice 2: Nacho Bag

Choice 1: Macaroni and Cheese, Broccoli, Garlic Breadstick, Seasonal Veggies, Fruit, Dessert
 Choice 2: Lucky Charms Bag

Choice 1: "Fried" Chicken Drumstick (Bone In), Garlic Mashed Potatoes, Seasonal Veggies, Dinner Roll, Fruit, Crackers
 Choice 2: Bagel Bag

Choice 1: Peppino's Pizza, Green Beans, Seasonal Veggies, Fruit, Pudding
 Choice 2: Breakfast Bag

Choice 1: Sloppy Joes (on bun or with tortilla chips), Smile Fries, Fresh Veggies, Fruit, Crackers
 Choice 2: Lucky Charms Bag

Choice 1: Ham, Broccoli, Garlic Mashed Potatoes, Roll, Fruit, "dessert"
 Choice 2: Bagel Bag

Choice 1: Corn Puppies, Green Beans, Seasonal Veggies, Fruit, Crackers
 Choice 2: Cocoa Puffs Bag

Choice 1: Peppino's Pizza, Broccoli, Seasonal Veggies, Fruit, Pudding
 Choice 2: Turkey & Cheese Sandwich Bag

Choice 1: Spaghetti w/ Meat Sauce & Cheese, Garlic Breadstick, seasonal veggies, Fruit, Dessert
 Choice 2: Chicken Sandwich Bag

Choice 1: Mini Pancakes, Sausage, Hash Brown, Fruitables Juice, Fruit, Muffin
 Choice 2: Chicken Sandwich Bag

Choice 1: 3 Cheese Cavatappi, Garlic Breadstick, Broccoli, Seasonal Veggies, Fruit, Dessert
 Choice 2: Turkey & Cheese Sandwich Bag

Choice 1: Belgian Waffle, sausage, Hash Brown, Fruitables Juice, Fruit, Muffin
 Choice 2: Stuffed Pizza Stick Bag

½ Day of School

No School

Choice 1: Soft Pretzel, Cheese cup, Yogurt, Fruitable Juice, Fresh Veggies, Fruit, Crackers
 Choice 2: Nacho Bag

Choice 1: Peppino's Pizza, Green Beans, Seasonal Veggies, Fruit, Pudding
 Choice 2: Cocoa Puffs Bag

Choice 1: Hamburger on Bun, Smiles, Seasonal Veggies, Fruit, Dessert
 Choice 2: "Unrustables" Sandwich Bag

Choice 1: Peppino's Pizza, Green Beans, Seasonal Veggies, Fruit, Pudding
 Choice 2: Cocoa Puffs Bag

Choice 1: Peppino's Pizza, Green Beans, Seasonal Veggies, Fruit, Pudding
 Choice 2: Cocoa Puffs Bag

Choice 1: Hot Dog on Bun, Seasonal Veggies, Baked Beans, Fruit, Dessert
 Choice 2: "Unrustables" Sandwich Bag

Choice 1: French Toast Bites, Sausage, Potato Cubes, Fruitables Juice, Fruit, Muffin
 Choice 2: Nacho Bag

Choice 1: Macaroni and Cheese, Broccoli, Garlic Breadstick, Seasonal Veggies, Fruit, Dessert
 Choice 2: Lucky Charms Bag

Choice 1: "Fried" Chicken Drumstick (Bone In), Garlic Mashed Potatoes, Seasonal Veggies, Dinner Roll, Fruit, Crackers
 Choice 2: Bagel Bag

Choice 1: Peppino's Pizza, Green Beans, Seasonal Veggies, Fruit, Pudding
 Choice 2: Breakfast Bag



** Menu items may change without notice due to product availability
 This institution is an equal opportunity provider and employer