



Lunch Prices: Free (until notified otherwise)
 Staff/Adult Meals- \$3.80
 Extra Entrée- \$1.15 Milk Only- \$0.50



Nutrition Tip: Include whole grains. Aim to make at least half your grains whole grains. Look for the words "100% whole grain" or "100% whole wheat" on the food label. Whole grains provide more nutrients, like fiber, than refined grains.



MONDAY



TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

** Menu items may change without notice due to product availability

This institution is an equal opportunity provider and employer

Choice 1: Hot Dog on Bun, Seasonal Veggies, Baked Beans, Fruit **1**

Choice 2: Breakfast Bag

Choice 1: Corn Puppies, Green Beans, Seasonal Veggies, Fruit **2**

Choice 2: "Un crustables" Bag

Choice 1: Peppino's Pizza, Corn, Seasonal Veggies, Fruit **3**

Choice 2: Chicken Sandwich Bag

Choice 1: Spaghetti w/ Meat Sauce & Cheese, Garlic Breadstick, seasonal veggies, Fruit **6**

Choice 2: Bagel Bag

Choice 1: Sloppy Joes, Smile Fries, Fresh Veggies, Fruit **7**

Choice 2: Stuffed Pizza Stick Bag

Choice 1: Mozzarella Sticks, Marinara Sauce, Broccoli, Fruit, **8**

Choice 2: Lucky Charms Bag

Choice 1: Mini Pancakes, Sausage, Hash Brown, Fruitables Juice, Fruit **9**

Choice 2: Turkey/Cheese Sand. Bag

Choice 1: Peppino's Pizza, Corn, Seasonal Veggies, Fruit **10**

Choice 2: "Un crustables" Bag

National Cocoa Day **13**
 Choice 1: Chicken Nuggets, Green Beans, seasonal veggies, Sun Chips, Fruit
 Choice 2: Cocoa Puffs Bag

Choice 1: Pulled Pork Sandwich, Peas, Seasonal Veggies, Fruit **14**

Choice 2: Breakfast Bag

Choice 1: 3 Cheese Cavatappi, Garlic Breadstick, Broccoli, Seasonal Veggies, Fruit **15**

Choice 2: Bagel Bag

Choice 1: Peppino's Pizza, Corn, Seasonal Veggies, Fruit **16**

Choice 2: Turkey/Cheese Sand. Bag

Nat. Maple Syrup Day **17**
 Choice 1: Chocolate Chip French Toast, Sausage, Hash Brown, Fruitables, Fruit
 Choice 2: "Un crustables" Bag

Choice 1: Ham, Broccoli, Garlic Mashed Potatoes, Roll, Fruit, Cookie **20**

Choice 2: Cocoa Puffs Bag

Choice 1: Nachos- Chips, Taco Meat, Salsa, Cheese, Refried Beans, Spanish Rice, Romaine Lettuce, Fruit **21**

Choice 2: Chicken Sandwich Bag

Choice 1: Mini Cinnamon Rolls, sausage, Fruitables, Potato Cubes, Fruit **22**

Choice 2: Nacho Bag

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